



# HAM WRAPPED PRETZEL STICKS

SALTY AND SAVORY, JUST HOW WE LIKE IT. HAM WRAPPED PRETZEL RODS ARE A LOW-FAT APPETIZER THAT IS EASY TO MAKE AND QUICK TO SERVE.

PREP TIME:

25 MIN

COOK TIME:

00 MIN

TOTAL TIME:

25 MIN

SERVES:

30 PEOPLE

## INGREDIENTS

- 16 oz. Frick's hickory smoked sliced ham
- 30 8-inch long pretzel rods
- 8 oz. cream cheese, softened
- 1 teaspoon onion powder
- 2 Tbsp. green onion, minced
- 2 Tbsp. fresh chives, minced

Note: if you want your wrapped pretzels to be thick with cream cheese, double the amount of cream cheese, onion powder, green onion, and chives.

## INSTRUCTIONS

1. Put softened cream cheese in a large bowl. Add onion powder, green onion, and chives. Mix well using an electric mixer.
2. Spread about 1 Tbsp. of cream cheese on one side of each slice of ham. Slice ham into 4 long strips.
3. Beginning at the top of the pretzel, wrap pretzel rod with one ham strip (cream cheese side in) in a descending spiral. The ham should overlap slightly with each turn. If you desire more ham per pretzel use 2 strips on each. Enjoy!

• FAMILY OWNED FOR FIVE GENERATIONS •

T: 800 241 2209

FRICK'S QUALITY MEATS, INC.

FRICKMEATS.COM

360 M E FRICK DRIVE

WASHINGTON, MO 63090